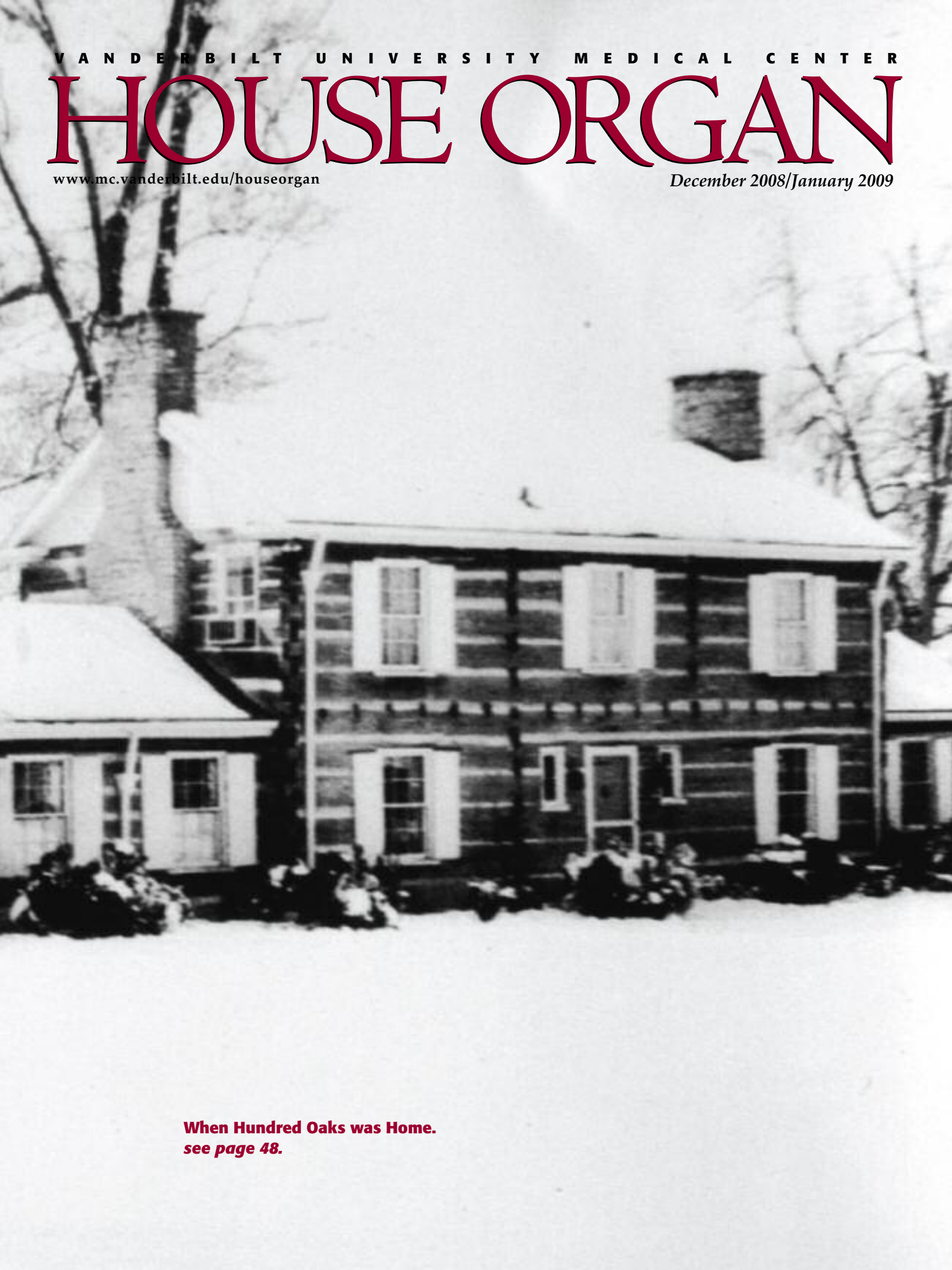


VANDERBILT UNIVERSITY MEDICAL CENTER

HOUSE ORGAN

www.mc.vanderbilt.edu/houseorgan

December 2008/January 2009



**When Hundred Oaks was Home.
see page 48.**

Comfort and joy

BY WAYNE WOOD

Christmas carols are about the only kind of music that we all share. Whether you are a fan of classical, country, rock, rap, alternative, hip-hop, jazz, or easy listening, you probably know the words to "Silent Night."

So I got to thinking about carols:

My Five Favorite Carols

- "God Rest Ye Merry, Gentlemen." This is a great song. It's in the minor key, which gives it a haunting quality. Notice that comma between "merry" and "gentlemen"; the gentlemen are not merry, the singer is requesting that God "rest them merry," an archaic way of conveying the idea of inner peace or saying "sweet dreams." "God Rest Ye Merry, Gentlemen" is also the only carol that springs to my mind that overtly mentions Satan, which I think gives it an extra punch of realism about what Christmas ultimately signifies: light defeating darkness, a spiritual analog to the astronomical Winter Solstice that occurs at about the same time. And there is no nicer phrase in any carol than "Tidings of comfort and joy."

- "Greensleeves (What Child is This)." Also has the minor key thing going. A beautiful melody.

- "Angels We Have Heard on High." Loads of fun to sing, with that "glooooooooooooooria" part.

- "O Holy Night." Builds to a nice crescendo; also fun to sing.

- "Twelve Days of Christmas." I can't keep up with how many of what there are in the high numbers ("Is that nine lords-a-leaping or maids-a-milking?"), but it's still a great group singalong. Also the song brings me great comfort in its implication that, throughout the history of the holiday, people have striven to impress others with extravagant, useless gifts. You just know that on the 13th day of Christmas, the true love is down at the

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ON THE COVER: Hundred Oaks, the log house that stood facing Thompson Lane on the current site of One Hundred Oaks Mall, circa 1960. Photograph courtesy Carolyn Suschnick.

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Got a burning question about what it means for the Medical Center to transform more than half of a vintage mall? Take a look at this compendium of knowledge.

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The Vanderbilt Breast Center is taking the opportunity to transform itself as it moves to One Hundred Oaks.

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When Hundred Oaks was Home

Before One Hundred Oaks was a mall, Hundred Oaks was the name of the log house on the land where the mall is now located. The story of that house, as seen through the eyes of Carolyn Suschnick, who grew up there.



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Fifty Questions about One Hundred Oaks

(Almost) everything you need to know about the second campus

RESEARCHED AND COMPILED BY WAYNE WOOD

In less than two months, the long-anticipated move of many clinics into One Hundred Oaks will begin. And while most Vanderbilt staff, faculty, students and volunteers know in general about the move, there are a lot of questions still in a lot of minds.

Hey, that's why we're here.



How many square feet of space will Vanderbilt Health at One Hundred Oaks occupy?

About 440,000 square feet. The total acreage of the mall site is about 56 acres.

There's an office tower at One Hundred Oaks, too. Is Vanderbilt going to occupy that?

Vanderbilt is looking to sublease the office tower and is in active discussions with some tenants.

What is the cost of the project?

The cost is projected to be about \$99 million, which is considerably less than it would cost to create a similar amount of expansion space and parking on the main campus.

How many VUMC staff and faculty will be relocating to One Hundred Oaks?

Approximately 750 staff and faculty will be working at least part of the time at One Hundred Oaks, making it by far the largest concentration of Vanderbilt employees away from the 21st Avenue campus.

What clinics and services will be moving or expanding to One Hundred Oaks, and when?

Here’s a list. In addition to the clinics and services on this chart, there are several finance functions and support services that are also moving to One Hundred Oaks, including mail, plant maintenance and central sterile services, which will move on Feb. 6.



Feb. 8, 2008

One Hundred Oaks Clinics and Services	Move Schedule	Move Status
Pediatric Rehabilitation	Moved Feb '08	Total Move
Vanderbilt Police Department	Jan. 1	Additional precinct
One Hundred Oaks Imaging	Feb. 6	Additional location
Vanderbilt Pharmacy	Feb. 6	Additional location
Vanderbilt Rapid Response Lab	Feb. 6	Additional location
Vanderbilt Center for Women’s Health	Feb. 20	Primary location
Vanderbilt Center for Women’s Imaging	Feb. 20	Additional location
University Pediatrics	Feb. 20	Total Move
Vanderbilt Breast Center	March 6	Total Move
Vanderbilt Multiple Sclerosis Center	March 20	Total Move
Vanderbilt Neurodiagnostics	March 20	Additional location
Vanderbilt Medical Infusion Clinic	March 20	Total Move
Vanderbilt Center for Surgical Weight Loss	April 3	Total Move
Vanderbilt Interventional Pain Center	April 3	Total Move
Vanderbilt Preoperative Evaluation Center (VPEC)	April 3	Additional location
Vanderbilt Heart	April 17	Additional location
Vanderbilt Dermatology	TBD	Total Move
Vanderbilt Fitness and Wellness Center (Dayani)	TBD	Total Move
Vanderbilt Center for Integrative Health	TBD	Total Move
Vanderbilt Travel Clinic	TBD	Total Move
Vanderbilt Internal Medicine	TBD	Additional location
Adolescent Medicine	TBD	Total Move
Pediatric Allergy	TBD	New Clinic

Why are the moves timed every two weeks or so apart?

To better use resources, and so the same IT and phone people, for example, can work on each move. Also, if problems come up with one move, it gives two weeks to correct the problem before the next move.

What are some of the new features that the One Hundred Oaks clinics plan to offer?

Since each clinic is in some sense getting a new start in a new location, each will have noticeable changes to improve the experience of patients.

A few examples:

- The Multiple Sclerosis Center will have architectural design that facilitates mobility and testing.
- The Interventional Pain Center will have the first outpatient palliative care clinic.
- The Medical Infusion clinic will have expanded spaces for patients and families, with recliners and televisions.
- The Dermatology clinic will have a separate entrance and waiting area for cosmetic surgery patients.
- A full service Diagnostic Lab and Pharmacy on site will allow patients the convenience of one-stop service.

What hours will Vanderbilt Health at One Hundred Oaks be open?

While most clinics will operate on a typical 8 a.m. to 5 p.m. schedule, the Vanderbilt area of the mall will likely be open for employees from 6 a.m. to 7 p.m. In addition, some clinics will, for convenience reasons, be open some Saturday hours. Additionally, we know there will be after-hours support groups and educational classes for the community. When the fitness and wellness center opens, the hours for that space will be dramatically extended.

What about the new Vanderbilt Fitness and Wellness Center?

The programs of the Dayani Center will be moving into a new, expanded facility that will also house Integrative Medicine and the Travel Clinic. The new Vanderbilt Fitness and Wellness Center, which is planned to be operated with a vendor, will sell memberships to the community, and will open in late 2009. The facility will feature an aquatic center, state-of-the-art strength and cardiovascular equipment, on-site child care (with closed circuit TV, so parents can even watch their child while working out), about 250 group classes of all kinds each week, and locker rooms so nice you may never take another shower at home.

While the emphasis on a family-friendly atmosphere and a philosophy of medical fitness will continue from the Dayani Center, the new center will actively seek community membership with convenient month-to-month memberships, educational lectures, screenings, cooking classes and many other activities.



March 6, 2008



May 15, 2008

What will the opening of One Hundred Oaks mean to Vanderbilt Medical Center and the community?

Harry R. Jacobson, M.D., Vice Chancellor for Health Affairs



The opening of Vanderbilt Health at One Hundred Oaks is the next step in taking our Medical Center, which has been a valuable community resource for its entire history, out into the community.

We have been reaching out with our clinical services for many years, of course, but having these programs physically based in a community setting, particularly a Nashville landmark such as One Hundred Oaks, sends a powerful signal about who we are and our confidence in our future.

At the same time, it's important to remember that these clinics and services that are moving to One Hundred Oaks are not leaving Vanderbilt behind, they are taking Vanderbilt with them. Our commitment to using our One Hundred Oaks resources for education and research as well as patient care is strong. Our presence at One Hundred Oaks is fundamentally part of our academic enterprise.



What will the opening of One Hundred Oaks mean to Vanderbilt Medical Center and the community?

Cyril Stewart, *Senior Director, Facility Strategy and Management*



In addition to providing a highly convenient, Vanderbilt-quality environment for our patients and hundreds of faculty, staff and visitors to the area each day, it will improve the traffic circulation into and around One Hundred Oaks, improve and increase business and residential quantity and quality, and stimulate the economy.

Are pagers available so patients can walk around or shop without worrying about missing an appointment?

Yes. Patients who wish to leave the clinic area and go to the food court for a snack or a cup of coffee, can pick up a pager. When the clinic is ready, a text message will be sent to the pager, to let the patient know to return to the clinic entrance.

Will self-check-in be available to patients at One Hundred Oaks?

Yes. Patients will have the option of using a credit card or other magnetic stripe card (similar to airport check-in) to access a self-check-in kiosk. These kiosks will be located just outside each clinic front desk area, and will identify the patient, confirm personal and insurance information, collect the co-payment if he or she wants to pay there, and complete the check-in.

Will there be computers so patients can access My Health at Vanderbilt?

My Health at Vanderbilt is a secure online program specifically for Vanderbilt patients. Through this online program, patients can view their personal health information and communicate with their physicians via e-mail. Computer stations for patient/family access to My Health at Vanderbilt will be placed throughout the main mall waiting area, food court, and overall common area of Vanderbilt Health at One Hundred Oaks. In some cases, by accessing My Health at Vanderbilt prior to a clinic visit, patients can speed up the visit process.

What are the finance functions that are consolidating at One Hundred Oaks?

They include offices that handle coding and billing—functions currently housed in offices south of Blakemore Avenue, at Crystal Terrace and in other locations. About 400 of the VMC staff members moving to One Hundred Oaks are finance people. Since they are coming from several locations, they have been talking to each other and working together to “blend” their areas into a cohesive group.

The new work area at One Hundred Oaks will have 60,000 square feet and will have a reception/waiting area so that patients who want to discuss their bills will be able to do so.

Who are key members of the Vanderbilt team overseeing One Hundred Oaks?

C. Wright Pinson, M.D., associate vice chancellor for Clinical Affairs, is the executive sponsor of this program and chairs a steering committee comprised of key stakeholders in the overall plan for One Hundred Oaks. As a large multi-specialty clinic, David Posch, CEO of Vanderbilt Medical Group, is responsible for continued strategic planning. Cyril Stewart, Don Bolin, Ann McGauran, and Karin Smith are the architects in Space and Facilities who worked on the project from the beginning to bring together the programming, design and construction elements. Joel Lee, Jill Austin, and Joan Cato are leading the marketing team that met early on with focus groups to understand how this location might be received, and how best to position this second campus for Vanderbilt in the market. Diane Seloff joined the team as the Project Director and has been working with the leaders of about 17 project teams to address the construction and planning aspects of the project. The chief administrator of Vanderbilt Health at One Hundred Oaks is Janice Smith, R.N., M.Ed., who assumes responsibility of the second campus for operations, strategic planning and fiscal accountability.

What are some of the convenience features for staff and faculty who work at One Hundred Oaks?

There is a strong desire that people who are assigned to One Hundred Oaks have a quality workplace that is still completely integrated with the main campus. This ranges from having ATMs at the mall to having several conference rooms with video-conferencing ability, in order to make it easy to “meet” with colleagues. Occupational Health will provide TB skin tests, vaccinations, lab draws for blood exposure follow-up, and blood pressure checks, among other services.



Feb. 1, 2008

What will the opening of One Hundred Oaks mean to Vanderbilt Medical Center and the community?

Diane Seloff,
*Project Director, One
Hundred Oaks*



Vanderbilt Health at One Hundred Oaks will bring the full complement of resources we have at 21st Avenue to the community, providing easier access to all.

For the community the impact has been and will continue to be significant. During the past year while under construction we have already made an tremendous impact to the community through our grant program and our involvement in the local area.

As we occupy our space and continue to grow our services at One Hundred Oaks our impact will be even more significant. We will clearly be supporting our Vision 2020 which includes making a meaningful impact on society. Those in the community have been thrilled with our support and participation to date and this will only be enhanced.

What are other steps Vanderbilt is taking to make the mall “green?”

In addition to planting trees, Vanderbilt is also:

- Renovating the existing facility to reuse the site
- Diverting as much waste as possible from landfills
- Using recycled building products
- Improving storm water runoff, including several rain gardens

What is a rain garden, and why are there going to be several of them at One Hundred Oaks?

A rain garden is a planted area designed to absorb rainwater from, for example, a parking lot. It allows the water to soak naturally into the ground rather than into a storm sewer, which keeps pollutants out of streams.

Chronology of Major Buildings at VUMC

1925—Vanderbilt University Medical Center moved to 21st Avenue South and Garland. The building is a four-story structure with two east-west corridors, S and T (which stood for service and teaching), and intersecting north-south hallways A, B and C.

1925—Mary Ragland Godchaux Hall opened, housing the School of Nursing (at the time not a part of the Medical Center). The building was originally known as Mary Kirkland Hall, and had not only classrooms and offices, but also housing for more than 100 nurses.

1938—The first major expansion of the Medical Center saw the construction of the D corridor to allow more space for patient rooms, Pediatrics and Ob/Gyn.

1954—The S.R. Light Laboratory for Surgical Research was added to the hospital.

1955—The Medical Arts Building opened.

1961—A.B. Learned Laboratory was opened, vastly increasing the research space available to faculty and closing off the once open courtyard.

1962—The Round Wing (its original name, which didn't stick, was the West Wing) opened.

1964—The A corridor was extended to provide space for, among other things, the Medical Center Library.

1967—The Zerfoss Student Health Building was added to the rear of the Medical Center.

1967—Medical Center South opened.

1972—The Joe and Howard Werthan Building, which replaced the original façade of the 1925 building facing 21st Avenue South, was completed.

1978—Light Hall and adjacent Langford Auditorium were completed.

1980—The new Vanderbilt University Hospital was opened. The old building was rechristened Medical Center North.

1985—The Psychiatric Hospital at Vanderbilt opened. It was originally known as the Vanderbilt Child and Adolescent Psychiatric Hospital, but was later converted to serve both adults and adolescents.

1988—The Vanderbilt Clinic opened, moving almost all outpatient services out of Medical Center North.

1989—The Kim Dayani Human Performance Center opened.

1989—The Ann and Roscoe R. Robinson Building opened. Its original name was the Medical Research Building.

1992—Medical Center East, primarily an outpatient services building, was opened.

1993—The Stallworth Rehabilitation Hospital opened.

1994—The dedication of the Eskind Biomedical Library.

1995—The Frances Williams Preston Building opened. Its original name was Medical Research Building 2.

1997—The Vanderbilt Page-Campbell Heart Institute opened.

1998—The School of Nursing's Patricia Champion Frist Hall opened.

2001—The first major addition to Medical Center North since 1972, the mouse vivarium atop the Werthan Building, was completed.

2002—Medical Research Building 3, an addition onto the Learned Lab section of Medical Center North, was completed.

2003—The Monroe Carell Jr. Children's Hospital at Vanderbilt was completed.

2004—The Medical Center East South Tower, including the Bill Wilkerson Center, was completed.

2006—The Institute of Imaging Science was added to the southwest corner of Medical Center North.

2008—The Medical Research Building 4 was completed and Langford Auditorium was renovated.

2008—The first VMC clinic, Pediatric Rehabilitation, moved to One Hundred Oaks.

2009—VMC will open a second campus at One Hundred Oaks, with 440,000 square feet of renovated space.

The original Hundred Oaks, where the log house was, literally had 100 oaks on the land. Is Vanderbilt going to plant trees and landscape the area?

For the first time since the beginning of mall construction in 1965, there will be 100 oaks at One Hundred Oaks—Vanderbilt is participating with the mall's owners in planting the oaks, along with other trees and bushes, to help the site look better and reduce its carbon footprint.

Does Vanderbilt own One Hundred Oaks?

No. Vanderbilt has signed a 12-year lease with the current developers and owners of 100 Oaks. This lease does include a future ability to purchase property at 100 Oaks. It also means that some improvements—landscaping, exterior upgrades and leases for restaurants outside the mall—are being done by the mall owners in conjunction with Vanderbilt, but not *by* Vanderbilt.

So, who does own the mall?

The owners of the mall are Dallas-based developers Frank Mihalopoulos and Tony Ruggeri.



Feb. 1, 2008



NEIL BRANKE

March 18, 2008

The last time I was in the upstairs mall area at 100 Oaks, it was not particularly attractive. In fact, it was kind of creepy. Has it been remodeled?

You won't recognize it. The clinic facades, the flooring, the seating—everything about the interior has been carefully considered to provide a pleasant environment for patients, families, staff and faculty. There have even been windows and skylights added to bring more daylight into the concourse. This is one attractive place to be, as you can tell from the artists' renderings in this issue.



NEIL BRANKE

What will the opening of One Hundred Oaks mean to Vanderbilt Medical Center and the community?

Janice Smith, chief administrator of Vanderbilt Medical Group One Hundred Oaks



In a nutshell, quality healthcare in a convenient location. I want the community to see us as partners and neighbors. Vanderbilt corners the market on quality now and this is our opportunity to make it convenient and close to home. One Hundred Oaks affords us the space to emphasize strategic programs, Women's Health, Fitness and Wellness, and others. We want to partner with the community at large, bringing to life aspects of our vision to impact people who today aren't even our patients to promote a healthy lifestyle. When we look at One Hundred Oaks, it's not as intimidating as the 21st Avenue campus, it's more open, it's not as difficult to negotiate. We anticipate this will encourage people to come for educational classes and screenings in addition to their appointments.

We want community members to be a part of what we're doing here. While we may not think a local civic group would schedule a conference room in Medical Center North for their meeting, that is just what we propose for One Hundred Oaks. Obviously our patients and our core business comes first, but we've arranged the space such that we ought to have the opportunity to do that for the community. When we've conducted community meetings/forums over the past year, the enthusiasm has been tremendous. People like Vanderbilt and what we offer and to have that in the community is exciting.

I think it's a wonderful entrée for the public into health care that is quality driven, research/evidence-based that reaches them early in their health care need and not only when they need our acute care expertise.

What will the opening of One Hundred Oaks mean to Vanderbilt Medical Center and the community?

C. Wright Pinson, M.D., Associate Vice Chancellor for Clinical Affairs



One Hundred Oaks will be our largest clinic away from our 21st Avenue location, large enough that it will be considered a second major campus for the Medical Center.

There are several ways that the opening of One Hundred Oaks will have impact on the Medical Center.

One Hundred Oaks will relieve congestion on the VUMC main campus.

It will preserve space on campus for hospital and laboratory research programs.

It will allow outpatient clinical expansion, emphasizing health and wellness, at a lower cost than expanding on the main campus.

The opening of One Hundred Oaks will allow us to take advantage of the abundance of parking at the mall, creating convenience for both patients and staff.

And, maybe most importantly, it allows us to take VUMC services into the community in a well-known and easily-accessible location off Interstate 65.

Is there a good place to walk at One Hundred Oaks?

In addition to walking the interior of the mall area itself, there will be a walking path around the perimeter of the mall property.

How about Wi-Fi?

One Hundred Oaks will have free Wi-Fi available.

Is One Hundred Oaks served by Metro Transit Authority buses?

Yes it is, and there will be three Metro bus stops, including one with a shelter, at various points at the mall.

How many entrances are there to the Vanderbilt Health part of the mall?

Five entrances will lead visitors into the mall, but the main entrance will be on the southwest corner, at the "back" near the movie theater. This entrance will have a canopy cover.

Will the Vanderbilt Employees' Credit Union be at One Hundred Oaks?

The credit union will have an ATM machine at One Hundred Oaks, and will also have a staff member on site every other Friday to coincide with the biweekly Medical Center payroll, to handle all credit union transactions.

Will Work/Life Connections EAP be at One Hundred Oaks?

Yes, with a weekly clinic on Thursdays from 11:30 a.m. to 12:30 p.m. There will also be departmental workshops, including one titled "Avoiding the One Hundred Oaks Move/Blues." And, of course, EAP services such as Critical Incident Stress Management will be available at One Hundred Oaks, just as it is to other areas of Vanderbilt.

Will neighborhood groups be able to use space at One Hundred Oaks?

Yes, because Vanderbilt Health is seeking to be part of the community in the neighborhood around the mall. So if a community group wants to use a conference room or a public space, assuming there's no scheduling conflict with a Vanderbilt activity, the group may do so.

Will there be a food court?

Good food will be in abundance at One Hundred Oaks. Einstein Brothers Bagels, which includes breakfast foods, as well as soups, salads and sandwiches for lunch, will be inside the mall. In addition, the owners of the mall are placing a Logan's, Cheeseburger Charley's and a third restaurant to be determined on the property.

How about neighborhood restaurants?

An improved crosswalk over Thompson Lane will make it easy to cross over to nearby Berry Hill restaurants, including Sam and Zoe's, Baja Burrito, Applebee's, the Yellow Porch, Wendy's and Calypso Café.



June 20, 2008

NEIL BRANKE



NEIL BRAKE

Aug. 5, 2008

As part of the goal of being a good neighbor, I heard that Vanderbilt has funded several neighborhood projects. What are they?

Vanderbilt awarded a total of \$25,000 to seven community projects, each of which had written grant proposals. The grants program was open to community and school organizations in Metro Council District 16, where One Hundred Oaks is located. The district encompasses the communities of Glenclyff, Radnor, Woodbine, Sadler Village and Vultee.

The recipients were:

- Glenclyff High School was awarded \$6,000 to help fund a wellness center for students, faculty and staff. The wellness center will be open to community residents after hours.
- The Neighborhood Resource Center, which works with residents of the Nolensville Road community to improve health, general welfare and safety in the area, was awarded \$5,000.
- The South Nashville Family Resource Center Crisis Response Program was awarded \$4,000.
- Flatrock Community Garden was awarded \$3,500. Vegetables grown in the community garden will be used to teach local residents about cooking and improved dietary choices.
- The Hands Together in Flatrock Music and Arts Festival, which is intended to encourage interaction and tolerance among residents of the Flatrock community, was awarded \$3,000.
- The Junior Achievement program based at Glenclyff High School was awarded \$2,500.
- The Council on Aging was awarded \$1,000 to distribute its Directory of Senior Services in the 16th Council District.

Is the Regal Hollywood 27 movie theater remaining?

Yes, all the surrounding businesses on the One Hundred Oaks property, including the theater, are remaining in place.

Do Vanderbilt people get discounted tickets to the movies at Hollywood 27?

Yes, discounted tickets can be purchased through the Vanderbilt Valet.

Are there going to be any walk-in or emergency services at One Hundred Oaks?

No. All emergency services will continue to come to the adult and pediatric Emergency Departments on the main campus.

Are retail stores remaining?

Yes. All of the first-floor retail stores such as TJ Maxx, Electronic Express, Ross, Michael's and others will be staying in place. In addition, the developers are working to sign a few additional leases with retailers in some of the vacant space.



NEIL BRAKE

Sept. 2, 2008

How about the entrance from Powell Avenue, with those ramps nobody could ever figure out running in both directions?

The ramps are history, and an attractive rock wall façade frames a new entrance. You can drive into the mall parking lot through two entrances, with each having a traffic light.

Getting into the parking lot from Thompson Lane is sometimes a pain, too. Is that going to be easier?

Yes, a new entrance drive and new traffic lights will smooth the entrance from Thompson Lane.

Will there be valet parking for patients?

Yes, at the Vanderbilt Health main entrance under the canopy. There will also be golf cart service to ferry patients and families to and from their cars and wheelchair assistance.



Sept. 18, 2008

Will parking be free at One Hundred Oaks?

Faculty, staff, patients and visitors will all be able to park for free at One Hundred Oaks. Free valet parking will also be offered for patients at a covered entrance at the back of the mall.

Will there be shuttles between the main campus and One Hundred Oaks?

Absolutely. Shuttles are planned to run at intervals throughout the operating hours of One Hundred Oaks. Seven or eight shuttles will be running continuously to and from the mall and multiple stops on the main campus.

Does this mean I can park my car at One Hundred Oaks and ride the shuttle to the main campus every day?

No. Parking at the mall for Vanderbilt staff and faculty will be at the southwest corner of the lot. In order to be a good neighbor to mall retailers, Vanderbilt will actively discourage staff and faculty using mall parking unless they work at the mall.

Does the “new” One Hundred Oaks look better outside?

Oh, yeah. Exterior glass, stone and metal panels give it vastly improved eye-appeal over the previously-sported outdated commercial look.

Will Vanderbilt Police also patrol at One Hundred Oaks?

Vanderbilt Police will operate a precinct at the mall, and will have three officers on duty at One Hundred Oaks 24 hours a day, 365 days a year.

What other safety improvements will be in place?

Improved lighting in the parking lot, emergency telephones that connect to the Vanderbilt Police, and closed circuit TV cameras at access points all contribute to the security of the site.

What services will be offered through the Vanderbilt Pharmacy at One Hundred Oaks?

There will be full service prescription service, as well as limited over-the-counter retail selections. In addition, a pharmacist will be on site for patient education and to answer questions.

What will the opening of One Hundred Oaks mean to Vanderbilt Medical Center and the community?

David Posch,
CEO of The Vanderbilt Clinic and executive director of Vanderbilt Medical Group



The main thing about One Hundred Oaks is that, along with the space we need to accommodate growing patient volume, the move will provide a new level of patient convenience and allow us to reconfigure space on the main campus so that patient access and throughput can be further enhanced. Without question, we have a growing need to decompress our main campus, but One Hundred Oaks is more than a campus extension: it's part of an effort at VMG and throughout VUMC to improve how patients experience our services. The impact won't simply be a matter of the volume of patients served at One Hundred Oaks, but also the opportunities that the move will create for incremental growth on our main campus.

How about Health Plus events? Are any of those going to be at One Hundred Oaks?

Yes, Health Plus is making plans to be deeply involved at One Hundred Oaks, with events including:

Know Your Numbers quarterly events

Hold the Stuffing

At the request of the department:

Presentations

Assistance with Go for the Gold

Programs available online to One Hundred Oaks staff and faculty include:

National Employee Health and Fitness Day—exercise challenge

Start! Physical Activity Program

Fruits and Vegetables—More Matters!

Wellness Coaching

Pressure Relief Network

Babies and You

Fitness Evaluations

Fitness Prescriptions

Dayani Weight Management Program (incentive reimbursement by Health Plus)

Dayani Smoking Cessation Program (reimbursement by Health Plus for staff and faculty not covered on the Vanderbilt Health Plans)

By the way, what's with the

“One Hundred Oaks” stuff?

What happened to “100 Oaks?”

Vanderbilt has decided to spell out the name of Vanderbilt Health at One Hundred Oaks as a way to indicate that the facility has had a new beginning. This new beginning has a pedigree in history, as the original name of the log house that formerly stood on the property was Hundred Oaks (see story page 48).

How can you sum up why Vanderbilt has come to One Hundred Oaks?

Vanderbilt Health at One Hundred Oaks seeks to be a convenient, community-based health and wellness facility. The fact that it is located in a well-known Nashville landmark, with easy access, free parking and a pleasant atmosphere is a great step forward in convenience for people who would like to come to Vanderbilt for health care but are reluctant to come to the main campus.

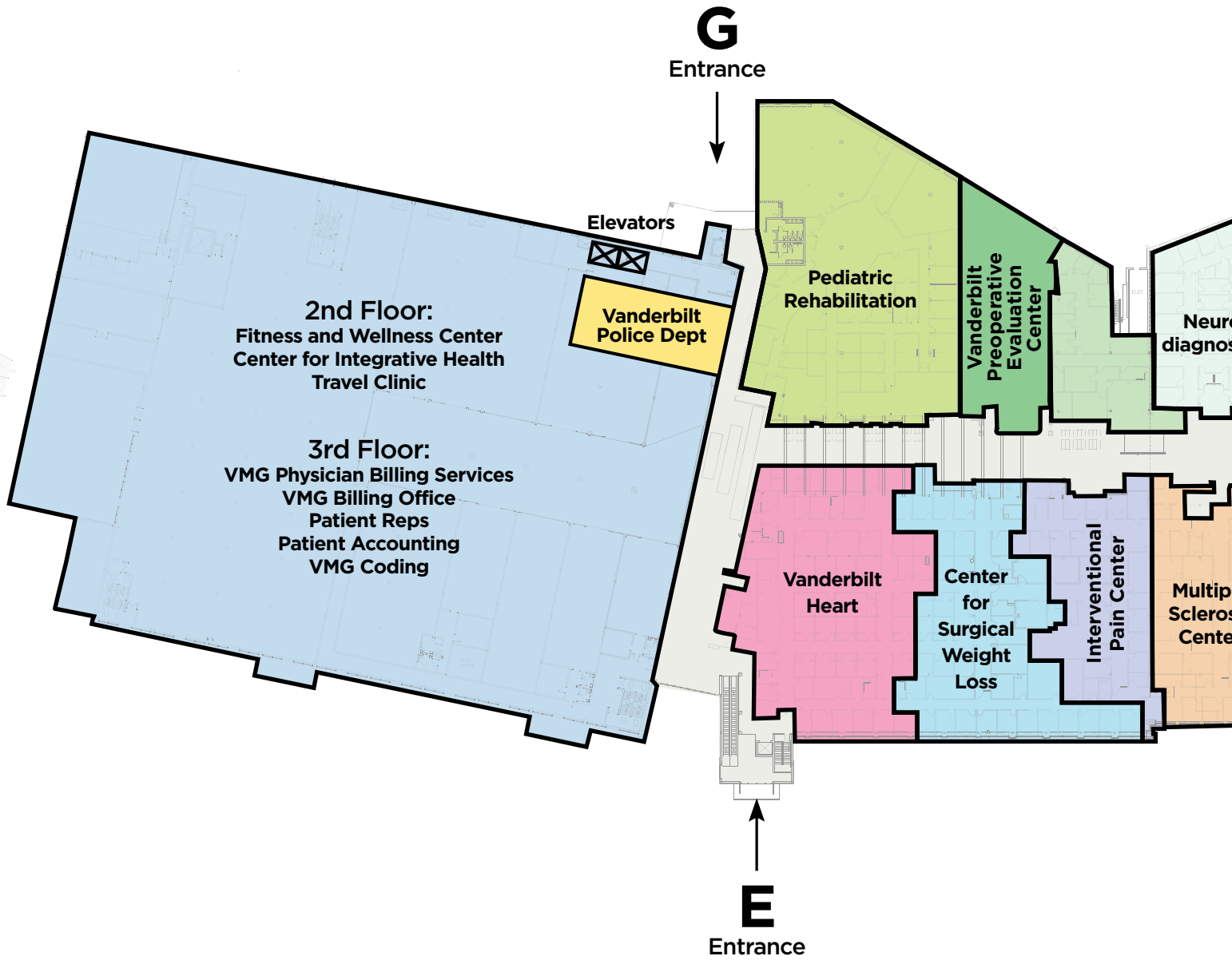
When can I get a look at this place?

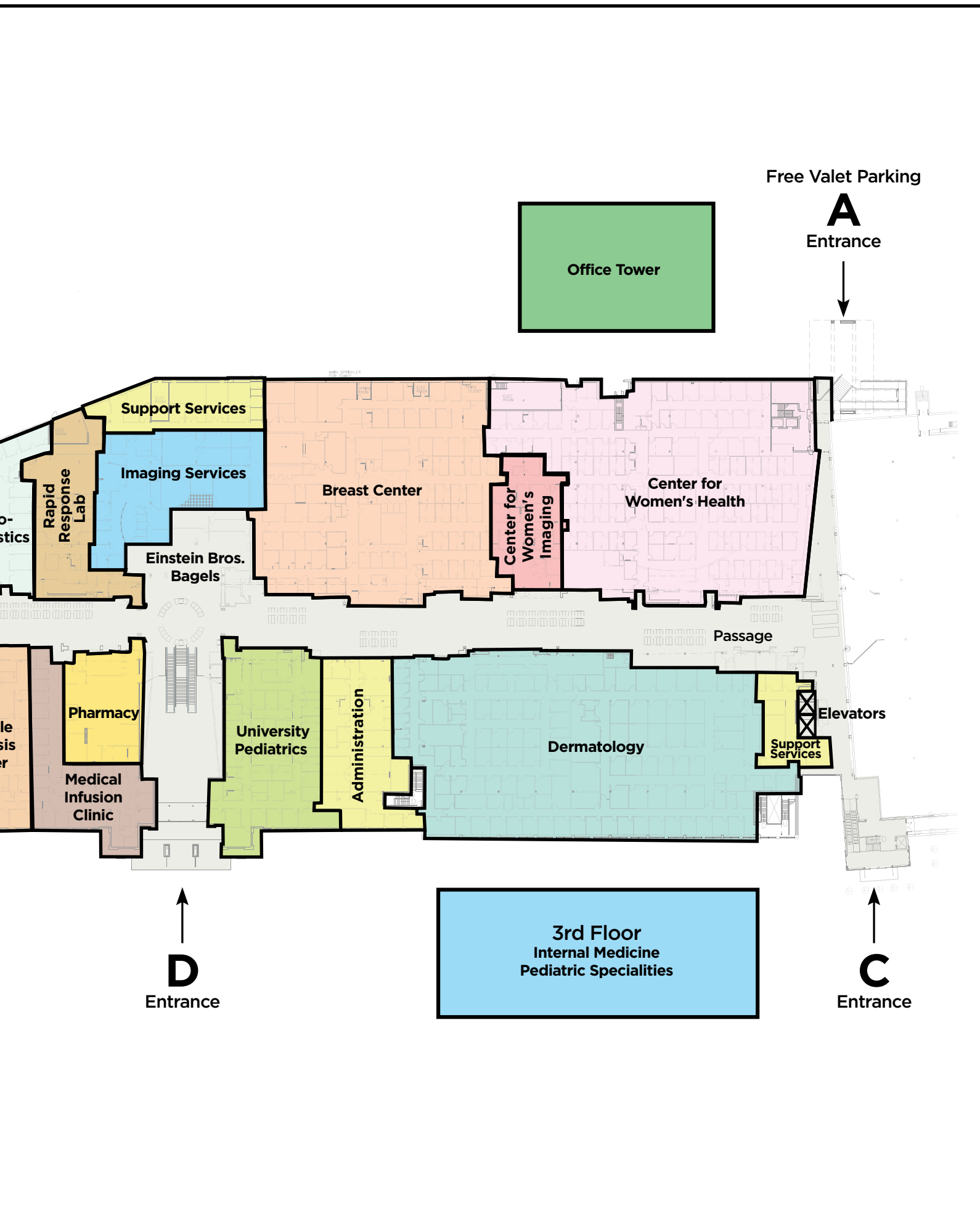
There will be open houses for Vanderbilt Employees on Feb. 17 and 18. Watch for details to come.

Is there a Web site to keep up with what's going on at One Hundred Oaks?

Yes. <http://www.vanderbilthealth.com/100oaks/>.







Pediatric Rehabilitation has been at One Hundred Oaks since last February

Pioneers at the mall

BY CAROLE BARTOO

When Erik Hamnes arrives at work these days he pulls right up to the front door of his clinic, stoops to pick up loose nails as he crosses the walk and once inside the door, he steps to the right and onto a sticky blue pad to remove the dust from his shoes.

“The dust is everywhere,” Hamnes said. “We have to clean everything regularly because the dust just gets in.”

Well, that’s just part of the price of working in the midst of a construction site. Hamnes is director of Pediatric Rehabilitation, the first—and so far only—clinic that is open and operating at Vanderbilt Health at One Hundred Oaks.

“Aside from the construction all around us, it really has been great,” Hamnes said. “We were concerned families might get lost finding their way out here at the beginning, but they say it hasn’t been bad. The staff was worried about the move—after all, this is far away from all the amenities we’ve been used to on the Medical Center campus.”

Pediatric Rehabilitation opened its doors in February 2008. The move effectively transformed their clinic from a location their patient families refer to as “the basement” at the Vanderbilt Clinics, to a colorful, pinwheel-layout, design that looks and feels like a series of playgrounds.

“When you walk in here, you go ‘Wow, this is really for kids,’” said Elizabeth Doolittle. “The point is that kids should feel like they are at play, not at work.”

Doolittle’s son Jake spent a couple of weeks in a private rehabilitation clinic in the Atlanta area after his medical recovery from a traumatic brain injury. Then the family was able to return home to Nashville, first to the old location, and now the new Vanderbilt Pediatric Reha-



DANA JOHNSON

Patient Lindsay Hart, 3, works with physical therapist Jodi O'Hara in the Adventure Gym at Pediatric Rehabilitation.



JOE HOWELL

(above) Erik Hamnes, director of Rehabilitation Services for the Monroe Carell Jr. Children's Hospital at Vanderbilt, walks around the 100 Oaks Mall site where new facilities are in the process of being completed. (right) Elizabeth Doolittle encourages her son Jake as physical therapist Laura Flynn helps the young boy in the new Pediatric Rehabilitation facility.



JOE HOWELL

bilitation location at One Hundred Oaks.

"This is what we expected," Doolittle said, looking around the central waiting area at the One Hundred Oaks clinic. Her family did not quite expect the "basement" feel of the older clinic and were grateful when the new facility opened, she said.

When asked about the construction zone surrounding every bordering wall of the clinic, Doolittle shrugged her shoulders and said it didn't bother her. "We come three times a week, and our home is in Belle Meade. This is much

better than having to go to Atlanta for this kind of facility."

Hamnes says that kind of response is why he doesn't hear complaints or concerns from his staff any more. If the families are happy (and they are), the staff is happy. But it doesn't change the sacrifices they make as pioneers here.

To those who think it would be convenient to work in a mall with restaurants nearby and shopping just downstairs, Hamnes says the Vanderbilt Medical Center campus is really the best example of that.

"I think we took for granted the amenities we had before the move. We don't have ATMs and the food courts that were so convenient on campus. If you need a flu shot or TB skin test, or if you have to take care of payroll or a work-related incident you have to drive back to campus." And the list goes on, said Hamnes. But overall there is such a sense of relief that families feel good here, in a facility designed to make the children's difficult work more like play, that the down sides are really unimportant.

"Besides, we can see what's coming," Hamnes said as he walked through the construction zone just beyond the protective wall from his polished-looking clinic. "There is a food court over here and Vanderbilt clinics all along here. [The Health and Fitness Center] will be right next door, and there will be a shuttle back to the main campus."

And as pioneers go, the Vanderbilt employees are cheered by the responses they get, unsolicited, from neighborhood people at restaurants and businesses in the area.

"They see the I.D. tag and say 'Oh so you're here. We think that's great!' and they are very welcoming. So often at the main campus there is talk that we are viewed as a big, neighboring gorilla creating traffic problems and the like, but we don't get that feel from the locals here at all," said Hamnes.

Still, it is a little isolating to be the only Vanderbilt specialists among a sea of construction workers. Hamnes says he and his staff will be glad to welcome other clinics here with open arms in February 2009.



DANA JOHNSON

Patient Anna Harkovich-Abdullah, 4, balances while playing ball at the new Pediatric Rehabilitation Services.

One clinic's story

The Vanderbilt Breast Center at One Hundred Oaks will be a different—and better—place

BY DAGNY STUART

When Vanderbilt Medical Center administrators told Diane Harris they wanted to move The Vanderbilt Breast Center to Nashville's 1960s-era 100 Oaks Mall, the longtime manager was horrified.

"I said, 'Oh no, please no.' I absolutely was disheartened because I have seen breast centers try to make it in a mall and I pictured in my mind going into a run-down mall in some dark corner."

But, as we now know, VMC leaders had a much larger vision. They wanted to take over the entire second floor of the aging Nashville shopping mall and turn it into a second Medical Center campus with multiple patient clinics, a radiology and imaging center, primary care facilities and a wellness center. More than a year later, the interior of the mall has been gutted and instead of storefronts, the space is being transformed into a series of spacious health care clinics, along an open concourse complete with skylights and artwork.

The Vanderbilt Breast Center will be one of the premier patient centers

located on that concourse and Diane Harris and her staff of 22 have changed their minds about the move.

"It didn't take long after we saw the design plans to get excited. We were ready to start packing our boxes," Harris said.

Much of the excitement has to do with all of the extra space at the newly named Vanderbilt Health at One Hundred Oaks campus. Right now the Breast Center and all of its screening equipment is jammed into a 7,000-square-foot space in the Villages at Vanderbilt.

"We are at the limit of our capacity here and we can't handle more patients even though we know there are more women who would like to get their mammography screening here," Harris explained.

The new Vanderbilt Breast Center at One Hundred Oaks will be housed in an 18,000-square-foot facility, with space for 15 exam rooms, several consultation rooms and a large central waiting area, all designed to be patient-friendly. Harris smiles when she talks about the big

new patient dressing room area which replaces the current cramped dressing room she compares to a closet with curtains. The new dressing rooms have doors and there are lockers so patients can secure their belongings.

"Mammography is one of the specialties that doesn't make a lot of money so it usually is last on the list of things that get bought or fixed," Harris explained. "I've been doing this for twenty years and for a mammographer, designing and moving to this gorgeous new facility is a once-in-a-lifetime chance."

That chance to design a breast center from scratch was one of the perks that helped VUMC officials recruit John Huff, M.D., to be the new chief, Section of Breast Imaging and Imaging Director for the Vanderbilt Breast Center.

"That was a major factor in my decision—the opportunity to move into renovated space, expand our program and take our breast center to the next level," Huff said. "Right now all of our diagnostic work is in one small room with inadequate numbers of review workstations to accommodate both the clinical and diagnostic throughput. When we move into the new clinic we will have additional workstations and the capacity to maintain our diagnostic workflow while also providing consultative services for clinicians as we discuss an individual patient's case."

There will be four digital mammography machines, five ultrasound machines and new bone density testing technology at the new center. Huff is equally proud of another high-tech screening tool for women: the new breast center will have a magnetic resonance imaging (MRI) machine solely for breast imaging.

"We will be the only facility in Middle Tennessee that has a dedicated MR magnet physically located in a breast center. That is going to give us the ability to improve the integration of our imaging services for those patients having MRIs. It will be much more convenient for patients because they will have one access point no matter what kind of screening test they need."



AMRIN NEWS

Ingrid Meszoely, M.D., left, and Diane Harris, mammographer



SUSAN URMAY

Ingrid Meszoely, M.D., examines patient Mary McCall.

Breast Center managers also are lobbying to get an additional mammography machine which will stay at the main campus because Vanderbilt employees represent 20 percent of the center's patient volume.

But figuring out how to manage the flow of physicians who need to see breast center patients has been a bigger logistical challenge for Ingrid Meszoely, M.D., a surgical oncologist and clinical director of the Vanderbilt Breast Center. While many patients coming to the center are healthy women who need simple mammography screening, other patients have already been diagnosed with breast cancer and are beginning, or in the middle of, a care regimen.

"We liked the idea of a breast center that is a freestanding entity with its own identity so people don't think of themselves as going to a cancer center for screening," Meszoely said. "At the same time I think cancer patients like the close affiliation with the Vanderbilt-Ingram Cancer Center and we were concerned about losing our identity with the Cancer Center."

The planned solution is to bring more cancer physicians to the Vanderbilt Breast Center at One Hundred Oaks and all of the extra space will make that possible. Instead of coming to the Cancer Center clinic on the main campus, first-time breast cancer patients are likely to have their consultations at One Hundred Oaks.

"We're planning to bring the medical oncologists and plastic surgeons to One Hundred Oaks to have their own clinic days each week so they can have some presence within the Breast Center," Meszoely explained. "We pride ourselves on offering cancer patients a multi-disciplinary program so they see their entire treatment team at one time and we want to make that possible at One Hundred Oaks."

Meszoely believes patients will like the new kiosks in each clinic that will allow them to check in for their visits electronically. Patients will also receive pagers so they are not stuck in a waiting room.

"Instead of waiting for your name to be called out loud, you will have a restaurant-style pager and you can walk around and get a cup of coffee or even go shopping at one of the retailers located on the first floor of the mall," Meszoely said. "Those are all great ways of providing patients with more convenience and treating them in a more humane fashion."

When the Breast Center moves in March 2009, the facility will close on a Friday and reopen on Monday with only a little slowdown in appointments to mark the transition. As soon as they are back at full capacity, the center will continue one of its most popular features—walk-in screening mammograms with no appointment.

John Huff believes Vanderbilt Health at One Hundred Oaks, including the new

Breast Center, will prove to be a wonderful facility that brings health care to the community.

"I think it is incredibly good foresight and leadership. It would be very easy for an administration not to see this opportunity because it's a little out of the box. I think it's a fabulous concept and I'll be surprised when we look back in a decade if there are many downsides to this project."



SUSAN URMAY

John Huff, M.D.

When Hundred Oaks was home

Before it was a mall, the log house on Thompson Lane was Carolyn Suschnick's home

BY WAYNE WOOD

The original Hundred Oaks was not a mall, but a house: a two-story log house that was a hub of Nashville entertaining in the 1940s and '50s.

Carolyn Suschnick can see it all in her mind's eye, even now.

There was a stone wall along the front of the land, facing Thompson Lane. There were split rail fences down the side of the property. Orange day lilies brightened up the side yard, and a grove of dogwoods and redbuds further back on the land brought color every spring.

"It was pastoral," Suschnick sums up. And she knows what she's talking about because for the first 12 years of her life, Hundred Oaks was home.

"We had horses. Cats, dogs, baby chickens, turtles, a parakeet, a rabbit. The rabbit ate all my Barbie-doll clothes."

Oh, and there really were 100 oaks. More or less.

"There were 98 oaks there when my mother bought the property. She planted two acorns and named it Hundred Oaks."

The name was retained when the house was dismantled, the land cleared, and Nashville's first mall opened on the site in 1967. One Hundred Oaks Mall was a retailing wonderland at the height of the Space Age.

But that's getting ahead of the story.

The log house on Thompson Lane

Carolyn Suschnick talks about her mother the way some people talk about Elvis.

Virginia Hughes Smartt ran one of the most successful catering and entertaining businesses in Nashville in an era when most women didn't work outside the home.

"She was an amazing woman," Suschnick says. "She owned 28 convertibles in her life. She graduated from the University of Alabama with a home economics degree. Mother was 38 when she had me. She was a working woman. She was liberated before we even knew what that meant."

Beginning in 1947, Mrs. Smartt catered parties and hosted Nashville's entertainment and business elite at the elegant two-story log house on Thompson Lane. On one legendary occasion in 1948, she put on what was surely Nashville's first

authentic Hawaiian luau, overseen by a crew of experts flown in from Hawaii.

Suschnick, who owns Westbury House, an antique store in Columbia, still has her mother's bound appointment books, and flipping the pages to a certain date in 1952, she notes that her mother put on a breakfast for 60 people and a wedding luncheon for 12. An additional notation at the top of the page makes mention of an add-on event: Carolyn was born later that day.

Suschnick's father, Landon Smartt, came back home from the Pacific theater in World War II and, after working for the state, began a career in real estate. The first time he asked Virginia Hughes out, she said no. But he persisted, and she eventually consented to allow him to attend a bridge game. All over Nashville—well, all over the world—young men and women were building the lives that

We had horses. Cats, dogs, baby chickens, turtles, a parakeet, a rabbit. The rabbit ate all my Barbie-doll clothes.





Hundred Oaks, the log house on Thompson Lane that was Carolyn Suschnick's girlhood home.

the war had put on hold, and the Smartts were an example. Fate and love took over.

Growing up at Hundred Oaks was quite an experience for young Carolyn Smartt.

"My first word was 'ice,'" she says. It was a word she would have heard a lot from the bustling commercial kitchen at the log house. While her mother was working and overseeing the staff that kept the business running, keeping an eye on young Carolyn was a communal project.

"They used to put me in a box in the kitchen so the help could watch me while they were cooking," she says.

It was a desire to have time with her daughter that led Virginia to close her business in 1955, when Carolyn was 3. For the next 10 years, Hundred Oaks was simply home. Carolyn grew up with

her menagerie of pets, exploring the grounds and having elements of a rural childhood within sight of two of the busiest streets in Nashville.

But the area was changing. Their next door neighbor's property was sold and a Pepsi bottling plant was built, complete with rumbling delivery trucks streaming in and out all day long. By 1965, Hundred Oaks was an island in the midst of what had become a commercial district, and the Smartt family decided to sell the property to the mall developers, Belz Investment Company of Memphis.

"I was excited," Suschnick says. Most of her school friends lived in neighborhoods surrounded by other families with children. She didn't. Most of her friends could ride their bikes around the neighborhood. She couldn't.

"In '65, I was excited," she says. "I

thought it would be great to have a new house in a subdivision.

"I know now what [my parents] lost when [they] sold that house."

Suschnick's parents wanted to have the log house moved to another plot of land, but those plans didn't work out and the house was torn down when mall construction began in late 1965. She believes some of the logs were salvaged and were used in the construction of other log houses in Middle Tennessee.

A retailing wonderland

It had J. C. Penney, Harvey's, Woolco and Woolworth's. At its groundbreaking, the mayor, the wife of the governor, a U.S. Congressman, and several prominent businessmen all smiled for newspaper photographers as the VIPs turned over shovelfuls of dirt.

There were 98 oaks there when my mother bought the property.
She planted two acorns and named it Hundred Oaks.



does, and that was not a good thing for 100 Oaks. Several other malls opened in the region, most of them bigger and more fabulous and with better highway access, and began doing to 100 Oaks what 100 Oaks had earlier done to downtown Nashville—stealing its customers.

As the flow of customers dried up, most of the stores closed, including flagships J.C. Penney and Woolco. Some stores hung on and tried to make a go of it, and some new ones opened, including Burlington Coat Factory and a MegaMarket grocery store on the south end of the property.

Full circle

In 1996 100 Oaks had a grand re-opening, including a new retailing focus on discount and outlet stores, and, on the site of the demolished MegaMarket, the Hollywood 27 movie theater, which was, and is, the most screens under one roof in the region. The first level retail was remodeled to more closely resemble a traditional strip mall, with big box retailers facing the parking lot.

Those retailers, and the movie theater, generally did well.

On the day 100 Oaks Mall opened, the superlatives were like signposts to a retailing wonderland. Almost 19 acres of shopping under one roof! A project cost of more than \$15 million! Sixty stores! Parking for 4,000 cars!

The first multi-screen movie theater (two screens under one roof!), the Martin Twin, was located in a separate building at the south end of the mall.

The newly constructed interstate system made it easier for shoppers from all over Middle Tennessee to stream into Nashville, although, in a quirk that was to haunt the mall for two decades, somehow there was no exit that led to 100 Oaks, despite the fact that traffic streaming by on I-65 was clearly visible from its parking lot.

Still, shoppers came. For years one of the most popular Christmas tree lots in Nashville would set up across the street every year to accommodate people who wanted to purchase their gifts and their tree in one convenient location. Local favorites such as Mills Book Store, Shoney's and Port o' Call Records located inside did a brisk trade.

But retailing continued to evolve, as it

The interior mall did not, becoming increasingly empty and kind of creepy as time went on. There are few sights more desolate than an abandoned food court. The blaring canned music echoing down the largely deserted mall didn't help things seem more cheery, either.

It was time for another revival, and when Vanderbilt Medical Center signed an agreement in July 2007, to lease almost 440,000 square feet — more than half of

100 Hundred Oaks Mall—for the purpose of creating a second Medical Center campus, Carolyn Suschnick smiled.

"I think it's fabulous," she said of Vanderbilt's revival of 100 Oaks. "The mall has become embarrassing."

Suschnick, who lives in Maury County with her husband, a senior network engineer with GE Health Care, says that Vanderbilt planting its flag at her childhood homeplace feels right to her.

"I was born at the old Vanderbilt Hospital," she says. "My mother died [following a car wreck on the way home from church in 1991] at Vanderbilt Hospital. My Daddy attended Vanderbilt and was a Phi Delta Theta. It feels like full circle."



JOE HOWELL



On the grounds where Carolyn Suschnick played, Vanderbilt Health creates a new campus.

Flu shots still available

Vanderbilt's Occupational Health Clinic continues to urge all staff and faculty to get a flu vaccine.

Flu vaccines are available through December (while vaccine supplies last) in the office of Occupational Health Clinic, 640 Medical Arts Building, weekdays from 8 a.m. to 5 p.m.

The OHC Web site has information on the vaccine and on common flu myths at <http://www.vanderbilt.edu/HRS/wellness/FluVaccineFactsandMyths.pdf>.

Start! doesn't stop

Start! is Vanderbilt's physical activity program, designed to help participants move more and have fun, and the program has new goals for 2009: 3,000 participants and 1.5 billion steps in the coming year.

The program began earlier in 2008 and encouraged staff and faculty to sign up and log their steps at the Health Plus Web site. Those meeting a certain number of steps (or equivalent from other forms of exercise) win a prize. To find out more or sign up, visit www.healthplus.vanderbilt.edu. Click on the green Start! button, or call Health Plus at 343-8943 to receive a Start! bag, including a pedometer.

Participants are also encouraged to keep logging their steps through December, even though no prizes will be awarded during that time.

Weight Watchers at Work offers \$25 credit

Health Plus now offers full-time staff and faculty a Vanderbilt Weight Watchers at Work Credit of \$25 each time you register, pay for, and participate in a 10-week program.

How do I get the Vanderbilt Weight Watchers at Work Credit?

- You must be full-time Vanderbilt faculty or staff
- Complete a yearly Health Risk Assessment
- Register for one of the 10-week Vanderbilt Weight Watchers at Work programs on campus and pay the program fee. To register, contact Beth Dunaway at 498-0617 or beth.dunaway@vanderbilt.edu.
- After you register and pay the program fee, register for your Vanderbilt Weight Watchers at Work credit by visiting the website at www.healthplus.vanderbilt.edu

Where do the Vanderbilt Weight Watchers at Work programs meet?

Current Locations **Day and Time**

OB/GYN	
4th Floor Medical Center East.	Wednesdays at noon
Center for Health Services	
3401 West End Ave.	Wednesdays at noon
School of Nursing	
Godchaux Hall	Tuesdays at 10:30 a.m.
Vanderbilt Medical Group	
2141 Blakemore Ave.	Wednesdays at 11 a.m.

How do I begin a Vanderbilt Weight Watchers at Work program at my worksite?

- Recruit a minimum of 14 people to participate and pay for a 10-week program.
- Find a place to meet. Contact Beth Dunaway at 498-0617 or beth.dunaway@vanderbilt.edu.

Babies and You

Health Plus offers this work site prenatal health promotion program to all Vanderbilt employees, spouses and dependents. The program encourages early and consistent prenatal care and provides monthly educational opportunities on issues relating to perinatal health. Enrollment is voluntary and free but must be completed during the first trimester of pregnancy. To learn more about Health Plus Babies and You prenatal education program, call Lisa Connor, R.N., at 343-9623.

All classes are from noon to 1 p.m. The December class, "Nutrition for a Healthy Start," will be presented by Marilyn Holmes, a registered dietitian and manager of Health Plus. The class will be Thursday, Dec. 20, in 411 Light Hall. The January class, "Breastfeeding: A Positive Choice," will be presented by Carol Huber, R.N., of Perinatal Education. The location will be announced later on the Health Plus Web site at www.healthplus.vanderbilt.edu.

Occupational Health Clinic hits the road

The Occupational Health Clinic now visits Vanderbilt Hospital and Monroe Carell Jr. Children's Hospital the first Thursday of each month to help make getting shots and skin tests even more convenient for hospital staff. Drop by during any of these sessions to get all the immunizations and testing you need to be up to date. The sessions are in room 7011 from 1:15 to 4:30 p.m. on the first Thursday of each month. Services provided are immunizations, TB skin tests, screening/ review of records and lab draws for required screening.



Turkey giveaway slated for Friday, Dec. 19

■ Fun and music and turkeys and a chance to win a Kroger or Honey Baked Ham gift certificate

This year's Vanderbilt holiday turkey giveaway for full-time and part-time faculty and staff will take place on Friday, Dec. 19, at Langford Auditorium. Hours of the giveaway are from 6 a.m. to midnight, said Trish Stapp, director of Medical Center Special Events.

"It's important for people who work at Vanderbilt to know how much their contribution is valued, and this is one way, at holiday time, that we want to show that," said Harry R. Jacobson, M.D., vice chancellor for Health Affairs.

To add to the celebratory atmosphere, there will be entertainment throughout the day.

The turkey giveaway is for both Medical Center and University

employees, and there will be a lot of people, a lot of turkeys, and a lot going on—so there are some rules that everybody must follow to make things move smoothly.

In order to pick up your holiday turkey, you must show your Vanderbilt photo badge. A staff I.D. card with another photo I.D. is also acceptable for turkey pick-up. One turkey per person.

In addition to the turkey, employees will receive a scratch-off ticket. Winning tickets will be good for a gift card from Kroger or HoneyBaked Ham.

There will be no rain checks or organized make-ups for people who aren't at work that day, so if you plan to be off, it's a good idea to plan to come by to pick up your turkey. Also, it's important to remember that each person must pick up his or her turkey in person; a

co-worker or family member cannot pick up a staff member's turkey.

For vegetarians or those who dislike turkey, there will be a limited number of Tofurkey dinners. If you'd like to pick up one of these, it'd be a good idea to come early, because these will be distributed on a first-come, first-served basis.

Canned food donations will be accepted, and anybody who donates either will receive what organizers are calling a "special treat."

A "turkey shuttle" will run that day between Kirkland Hall and Medical Center North, as well as between the 25th Avenue Garage and Medical Center North. Regular shuttle routes will also be in effect. Special needs parking will be available adjacent to Medical Center North at the Round Wing.

Neil's last photographs

Beginning early in 2008, Vanderbilt photographer Neil Brake regularly visited One Hundred Oaks to document the progress of the remodeling of an aging shopping mall into a modern medical facility. From among the hundreds of photographs he took, this issue features a few that show the steps along the way in that transformation.

They are a remarkable testament to his work ethic and his photographic eye, and they are especially poignant to those who knew him; Neil died Nov. 4 at his Franklin, Tenn., home. He was 47.

Neil was an award-winning and accomplished photographer who had worked at Vanderbilt for eight years, first in University News and Public Affairs and Creative Services before moving last year to the Medical Center. Before that, he had worked at several newspapers including the *Birmingham News*, and as a freelancer for the *Atlanta Journal Constitution* and wire agencies including the Associated Press and Agence France-Presse. His work was published in several books, as well as in *Sports Illustrated*, *Time*, *Newsweek*, *Life*, *The New York Times*, *USA Today*, and *Runners World*. He also won numerous awards from the Alabama Press Association and The Associated Press for his

photography, and was named Photographer of the Year in 2001 by the Council for Advancement and Support of Education (CASE) for his Vanderbilt photographs.

Neil was a native of England who moved to the U.S. with his parents as a child and became a U.S. citizen in 1976.

He came to his chosen career through a horrific motorcycle accident when he was a teenager in Birmingham, Ala. He was hospitalized for two years recovering from the nearly-fatal injuries, and during that time had several newspaper accounts written about his recovery.

As he told the story, he was fascinated by the work of the photographers who came from the newspaper to take his photograph, began peppering them with questions, and, when his recovery allowed, began to volunteer at the newspaper to learn the trade, which he turned into his career.

Neil was a familiar sight around the Medical Center, taking photographs for Medical Center publications, including the *Reporter* and *House Organ*.

Writing about himself in the third person on his Web site biography, here's the way he described his choice of career:

"Neil says that photography is something that he loves, [which] started out



Neil James Brake 1961-2008

as a hobby and has turned in to a wonderful career. He said that not many people have jobs they love, but he loves his and says it is something different and challenging every day."

mall trying to trade in her however-many-swans-a-swimming for some underwear and a new pair of Nikes.

Naturally if there is a list of favorites, there is a list of:

My Three Least Favorite Carols

- Look, with all due respect to the late Gene Autry, "Rudolph, the Red-Nosed Reindeer" has gotten out of control. The TV special from the '60s was pretty good, with the creepy abominable snowman and the even creepier Burl Ives, but as a song, Autry's version, which was the original hit, is still the only version worth hearing. But almost everybody who does a Christmas album insists on doing this song, and they're uniformly excruciating. An aside: what kind of question is, "But do you recall, the most famous reindeer of all?" If he's the MOST FAMOUS reindeer, why wouldn't you recall him?
- "The Little Drummer Boy." Where the heck did this idea come from?

Let's examine this situation: a woman has just been in labor with her first child, probably for hours; she's been riding around on a donkey or something; there was no room for her in the inn, so she's ended up in a stable; and when the birth is over and she finally gets a chance to rest, some kid shows up with a drum and starts banging like Charlie Watts. Apparently this is supposed to be heart-warming. I don't get it.



- "Frosty the Snowman" is another bad song, but wow, what this song has going on under the surface is amazing. Follow me closely here: this is a song about a character who (a) comes to life through supernatural means ("must have been some magic in that old silk hat they found"), (b) becomes a beloved leader, (c) dies and leaves his followers distraught, but only after (d) proclaiming that "he'll be back again someday." This song has more religious symbolism than the most overtly religious of carols.

My Four Favorite Songs That Are Considered Christmas Songs But Are Actually Winter Songs

- "Jingle Bells" is a fun song to sing, but it has nothing whatsoever to do with Christmas. I mean, listen to the words: it's about riding around in a horse-drawn sleigh. Calling this a Christmas song is like calling "Rainy Night in Georgia" a Fourth of July song.

- "Sleigh Ride." See above.
- "Let it Snow!" is another fun song to sing in a group, and is completely about a major meteorological event and specifically not about a holiday.
- "Winter Wonderland." See above.

My Three Favorite Songs About the Celebration of Christmas Itself

- "White Christmas," especially the definitive version by Bing Crosby or the magnificent cover version by Clyde McPhatter and the Drifters, is the best song in this category. It's not really about a holiday or a snowfall, it's about home.
- "Silver Bells" takes the holiday out of the idealized rural world of sleigh rides and into the big city of 50 or 60 years ago, when shopping downtown was an event. It grows more elegant with the years.
- "The Christmas Song (Chestnuts Roasting on an Open Fire)." There is nothing better than having a fire in the fireplace, a cup of hot tea, and Nat King Cole on the stereo singing this song.

Tidings of comfort and joy.

Listen to the Watching the Wheels podcast at http://www.mc.vanderbilt.edu/houseorgan/WTW_11_09.mp3.

Young poets perform at Langford

■ The State of the Word is a night of performances by young poets to be held Saturday, Dec. 6, at 7 p.m. in Langford Auditorium.

The event will feature young poets, emcees and spoken word artist from several local universities, high schools and other organizations. It is presented by Youth Speaks, a non-profit presenter of spoken word performances, and its local affiliate, Youth Speaks Nashville.

Tickets are \$5 for adults and \$3 for youth.

Check out Discount Program online

■ The Vanderbilt Faculty and Staff Discount Program, also known as the Perqs program, provides a listing of businesses offering reduced prices or special offers to Vanderbilt employees.

The discounted goods range from Apartments to Rental Cars to Theme Park admissions.

The list is updated throughout the year, and can be viewed online at <http://hr.vanderbilt.edu/benefits/perqs.htm>. There is also always a link to the discount program through the House Organ Web site at <http://www.mc.vanderbilt.edu/houseorgan/>.





Happy Holidays